How to talk to women and get them interested in you

Hello fellow superheros. Thanks for downloading this Highly informative transformation report.

This one report will change your life if you follow its instructions carefully. This information is derived from a vast amount of research, practice and summary of its findings…and men it works!

I personally know from experience and observing the male race, one of man’s greatest desires is to know how to approach a woman, know what to say to her to keep a conversation going to build a connection and create attraction.

As the very smart man David Deangelo says, ‘attraction is not a choice’.

I agree, it’s not about how much money you have, what car you drive, or how good looking you are. It’s how you approach and communicate on all levels.

If you can communicate in the right way to women you will have greater success in meeting more women, have a happier more fulfilled life through the new found power and you will be able to go out and bring your ideal women into your life.

The greatest mistake that men make when communicate with women is a lack of preparation and what we call, talking to the interview side of their brain.

Now… unless you’ve been living on Mars, you know women are complex creatures and if you want to get good at communicating with them. Like anything in life worth achieving, you have to do some work, feel some pain to get the results. They are not just going to fall into the passenger seat of your sports car because you look good. You have to do some work.

You didn’t just pick up a surf board and ride it.

You didn’t just turn on a computer and know how to use it.

You didn’t just show up at work one day and become great at your profession.

You practiced, had some falls but over time you got better and better. It’s the same with getting better with women. It takes some work and practice…I’m not going to lie to you about that, and I’m here to help you short cut the process.
So if you’re sick of the one handed parties or spending too much money on alcohol and drugs in
the hope that a woman will fall into your lap. Then make the commitment to this Exclusive
Transformation Information and bring the joy and wonder of living a powerful life and having
amazing women in it.

Let’s get prepared for the wonderful process to
communication success with females!

You get ready to warm up before a run. You suit up before
your chosen sport. But how do you get ready to go.
out and meet women. And I’m talking more than just
about which shirt you’re going to wear.

Men, you think about them all the time and want to
meet them, so how about having the mental and
physical tools ready to make this happen and have
a whole lot of fun along the way.

In the beginning this may seem like an extensive list, but in a short time these checks will be a
part of you.

1. Look and feel your best wherever you go. You never know when you’re going to see that
special lady you want to go up and meet.
2. Get clean and be well groomed and wear clean shoes and shave your face, trim your beard
and nose and ear hairs.
3. Have a nice haircut for your age. If your hair is thinning keep it short or shaved. Woman care
a lot less about hair than you do. It’s your energy and confidence they fall for.
4. Have a nice watch, ring and bracelet. Good women are not impressed by how much jewellery
you have but always notice something that is a little different.
5. Check your breath and have breath mints, no pizza before heading out!
6. Wear aftershave but don’t think more is better.
7. Always carry your phone to record phone numbers and emails. If she is younger get her email
or Face Book address. They seem to feel better about this.
8. Have some interesting photos in your phone. They can be powerful conversation topics.
9. Drown out any negative talk. Get positive with yourself and tell yourself you’re a great man.
You make no apology for your desires as a man to go out and meet good women.
10. Get smiling and get confident. Fake it if you have to! Smile at women as they walk past you.
Ring a friend, chat to people at the petrol station serving you. Think of something funny and
have a laugh to yourself.
11. Getting in the mood creates the right approachable energy! (97% of women say they want
men to approach with a smile). This can be the 1 key element that allows you to stand out
from the competition as most men don’t have the confidence to smile to the world.
12. Remember, feeling a little nervous to go out and meet women is normal. But get yourself out into social situations and with practice you’ll find with all your training and your energy, it will find its place.

13. In your car – condoms and a small photo album of you, friends and great things you have done. Great way to have good conversation in the car and at yours or her home. It’s about being interested and interesting.

14. Having some support and help when going out is a very good way to meet women. So organize your male and female friends so you can help out each other. When you’re having fun with your friends and you just pull in women in a natural flow they will want to meet you because women are out to have a fun time.

15. When walking into any social gathering, be your ‘own man’ living in your world. Be conscious and take one step at a time. Be in the moment. Slow down and no darting all over the place. Own your power. Then smile like a rock star.

16. As soon as you’re out and see anyone or make eye contact, say hi and cheers their glass. You can go back and talk later to chat as you have now broken the ice and addressed the approaching fear monster.

17. Talk to everyone guys and girls. Go out with the intention of having fun and connecting with everyone. If you just go out to pick up, you’ll come across like a sleaze and women will feel your energy. You know all those guys just hovering around them. They hate that shit!

18. Talking to everyone gets you in flow and when you do end up talking to a woman you find interesting, the conversation will just flow so much more naturally and easily.

19. When you see the girl you want to meet don’t keep staring at her hoping she’ll come to you. 99 times out of 100 she never will. You need to approach. Women are flattered and love it when a confident man approaches them. If they happen to be rude. Well thank God you found out quickly. It’s no skin of your back. There are far more women out there for you. More women than good men actually. Some openers, conversation topics and responses to rude replies are coming below, to help you in this area.

20. Never have a drink in your hand when approaching. You’ll come across like a drunk. If you are talking to a girl and have a drink. Keep it down low by yourself with a straight arm. It’s a small thing but makes a big difference.

21. Have your hands down by your side or hooked in your back pockets. This gives of a comfortable energy to the girls.

22. Always approach side on and keep a bit of distance to start. Even if you have to talk a little side on across your shoulder. Its way less threatening. You can slowly turn more towards her as you feel comfort building.

23. Always say when you first meet that you can only stay for a moment. This way they don’t think they’re stuck with you for hours. Once you connect they’ll want you to stay and won’t even remember you where ever going to leave.

24. If you can’t hear her, gently grab her at the base of her upper arm and pull her into you with your head to the side displaying you can’t hear her. Don’t lean into her though. This displays a message of weakness and neediness on your part.

25. Stand as straight on both feet and as relaxed as you can with no fidgets and ticks. Girls hate this as it delivers a message that you are nervous and not in control. Superheros don’t fidget!

26. Sometimes it’s going to be better to build up the energy of connection and go back to your friends for a while or go and talk to other people and come back later. Too many guys hang
around too long once they have met a girl and when feel their in. Leaving shows your valuable and you’ll be more attractive to her because of this.

27. Be fun, but be in control and stay in control in yourself, even if you are pretending you’re wild and out of control. Women love to have fun. They live boring lives and love a man of adventure and intrigue.

28. Watch the alcohol! If you must drink, no more than 2 drinks because again you don’t want to loose control. When you’re drunk your response time and ability to communicate from a place of consciousness is greatly reduced. If you want to meet good women you don’t need any unnecessary obstacles to stop you. You also don’t want to be just like all the other guys. You want to be stronger, more powerful and ready!

29. When you’re talking with girls, remember their names, be there and be focused on what they’re staying.

30. Listen for key words that you can then take and create a story into. More on this later.

31. Be prepared with a couple of good openers, stories and some fun things to talk about. After a while this will come naturally to you.

32. Do this for a test. When you are talking to a woman just watch how many statements and stories you tell as apposed to how many questions you ask. You don’t want to just be asking all the time. Give a statement ask a question.

33. Make it a rule that you will NEVER AGAIN ask what a woman ‘does for a job’ or ‘where she works and lives’! How? Once you get through this transformation work, you will never have to again, I guarantee you this.

34. Hang in there and keep the conversation going. Most women need some time before they will start sharing so if you can just keep talking and having fun. They will eventually come around. It’s their subconscious test to find out if your some weirdo or not and if you can hang in there and pass their test.

35. Remember a big part of meeting women is a numbers game. Some will be taken, some will not be interested, and some will be messed up emotionally. It’s like playing baseball. You need to swing the bat around 10 times to get 3 good home runs. So keep swinging!

36. Remember it’s the mans role to approach and connect and then it’s the woman’s role to follow.
**Talk with passion and imagination**

Talk in stories and with passion to get their imagination working, if you want to see this in action watch the movie 3.10 to Umar with Russell Crow.

It’s Gold! He asks Christian Bale’s wife while having dinner, if she had ever been to this particular city. She replied no. He then gives and explanation of the city and its entire spender and invokes her imagination.

He then tells her how he knew a girl there once who had deep green eyes, eyes that were... green like the ocean, eyes like hers.

The wife of Bale’s just looked at Russell Crow in a frozen state.

Then later Bale grabs her and says, “Don’t talk to him, he’s a bad man and we’re to have nothing to do with him”. And the wife replies how she likes him. And you can just see how he has captured her imagination.

Watch what he has done. He invoked her imagination and he hypnotised her with his words and energy. This is a very powerful skill to develop and is a whole training program in itself. This is covered in great deal in the Russell Revolution Transformation Seminar.

**More on approaching women and having chats**

Yes I know… I hear a lot of men thinking. WHAT! You want me to walk up to a woman and start talking to her. I know… you’d rather jump of a cliff than… do that.

Well men if you’re going to have more women in your life, and become better at communicating with them to get them interested in you, you’re going to have to go and meet women.

Yes I’m not going to lie to you. At times, women will not be interested and will say thanks but no thanks. I say to this. BIG DEAL, no one dies and gets hurt. If you’re really concerned about what women think, remember they feel flattered if approached by a man confident enough to attempt to meet them.

There’s endless lists of ways to meet women that seem natural and reduce the fears you have, which I will teach you. However this report is to help get you started.

You won’t die from the approach. Even though your brain would like to let you know... that you will! I have personally approached women in the street to test this theory and almost thrown up as I walk up to meet them. But how funny, I’m still here to talk to you and my life goes on.
The way I see it, if you’re out and just meeting women and having chats the right way, it’s a whole lot of fun and it’s easy!

The down side of not approaching is you may not live a happy life unless you do. Because you may never get to meet that partner you want to make your life complete!

Through your conscious activity in this area and as your skills improve, you are going to meet women that are interested in you and you will get to connect with them.

Remember the going and chatting fear is always going to be there at some level or another. It’s in your gene memory to protect you. You just have to suck it up, be the cave man. Go in for the kill. You will live!!! You will wake up in your bed tomorrow!!!

While a lot of people think openers have to be some magical form of communication to meet woman. Most women are never approached or only by drunks.

When you approach with the right attitude, 95% will be open, friendly and responsive.

Men, as I said earlier in the check list. Don’t just save your approaches and chats for hot girls. Become a great communicator with all types of people and women.

Women are all wonderful in their own way. If you focus all your energy on just physically attractive women you are placing to higher value on their looks and this is a big reason why so many attractive women can be confused about their value in the first place.

Women are also attracted to men that have lots of women around them and show they are confident guys that communicate well. So by being a great all round communicator with women allows you to be surrounded by lots of women and you get to have so much fun. And through all of this and what we’re doing, isn’t it about having FUN!

Don’t ever miss an opportunity to communicate and connect. If you’re lucky enough to be positioned next to a girl or group or be introduced into a group, get right into it. You’re out to meet women, so meet them. You’re mates will live if you don’t talk to them for a while.

Be careful with your excitement. You’re going to have wins and it’s going to overwhelm you which will make you rude or over the top sometimes.

It’s hard to explain but you’ll know what I mean when you’re out social or on the beach or in a supermarket. It seems to happen to guys when they first start approaching and meeting women. I know it happened to me.

It’s like a new found power. It’s too much and your energy can get scattered. But after a while you will get focused and controlled.
Openers to meet and starting a conversation with women

1. Hi, you looked interesting, I thought I come and say hello. Cheers, I'm celebrating.......... 

Following up ‘the wanting to meet you’ with a statement of ‘I’m celebrating’ is a nice way to start a conversation. Because it’s a statement, not a question and women don’t have come backs or shut downs from statements.

You need to understand also that women are generally programmed to shut down men even with they don’t want to. Because they have been doing it for so long, it can be like they are on auto pilot. So hang in there and plough through this initial resistance.

Make it fun like you just paid of your credit cards and can now go and buy that plasma TV you always wanted.

You went to the gym for this whole week and now have come to ruin all your hard work by having a drink.

You just cleaned your apartment for the first time in a month.

You can then follow on with, a question, so what will we ‘cheers to’ for you?

This is a very honest and direct opener but women love guys with confidence. Even if she is not interested or taken, she’ll either have a chat or be flattered that you attempted to meet her and let’s not forget all the wonderful girlfriends she has.

The idea of the celebration is always about something that is funny and a bit cocky. It’s not about bragging about the new Porsche you just purchased. This shows your seeking gratification from her and women hate this shit. Most women hate wankers and having to talk about money just shows your insecure and don’t have enough value in yourself for just who you are.

2. Hi... I need a female’s opinion on something...

Do you think its better for a man to be indirect or direct when approaching a woman to attempt to meet her?

If you had just started dating a guy and found a pair of his ex girlfriends shoes in this cupboard... would you leave him?

You can pretend this has just happened to a friend and you need to advise him.

Then once she gives you her feedback you are off and away. Make fun of the question and the feedback and build a connection. You can then introduce yourself and your friends and go on to keep talking.
This can work very well when you have naturally positioned yourself next to a girl and or with friends.
Get set up where you’re talking and then just lean straight over and ask the question.

**Tell stories and be interesting**

To become a good communicator you need to become an interesting person. So getting back to being prepared, have things to talk about that are interesting and invoke her emotions and imagination. I have found that once you know a little about a lot it all just seems to naturally flow out when talking. You hear key words and it creates the opportunity to make a statement on the topic and then ask her a question.

- Talk in detail about your travels and places you’ve just been and places you’re planning to go to.
- Read some books on spirituality, intuition, mind reading, star signs, energy between people, palm reading, face reading, sole gazing.
- Read some fashion and gossip magazines. Yes it may be boring but find out what’s going on in the world of women. Women read this stuff all the time and it can be fun to talk. It also shows you’re up to date on what’s going on in her world.
- Have some funny little jokes that you can tell to get them laughing.

Here are some other topic areas to talk about:

- I just saw x movie, it was so intriguing, have you seen it?
- Hey, I just finish reading a book at intuition and energy, it was wonderful. Do you believe in energy between people?
- I like your necklace, it looks like its from x, I went there once and experienced x. Where did it come from?
- I need to ask your opinion about something.
- Hey, I recently got back from Thailand, the water is crystal blue and the most beautiful tropical fish, have you been there?
- I just went – (any of the following) - waterskiing, snow skiing, diving, rock climbing, bush walking at x place. I love the energy and exhilaration. Have you ever done (any of these)
- You look like close friends, how do you girls know each other?
- You guys are having so much fun, I love it, what’s the occasion?
- So where’s the next exciting holiday destination?
- Show her the photos you just got developed and then start talking about your life and funny things that have happened to you
The power of the 4ys, cocky, funny, cheeky and flirty

As Cindy Lauper sang back in the 80s, “girls just want to have fun”. I learnt a long time ago that what women love, is a man that can make them laugh.

Now you don’t have to be a Jerry Seinfeld however if you want to really master the art of becoming a great communicator with women, you do need to know how to connect with that part of her brain we have already covered. The part where all the attraction lives.

Most men don’t know how to openly flirt with women. Oh sure they get drunk and call out stuff like, “hey come here babe”, or “nice tits”, and other comments that women just don’t appreciate.

David DeAngelo a leader in training men how to meet and date women has built a life changing business on the concept and training men to understand the power of being cocky and funny.

Sign up for his newsletters and buy his products on ________________ it will change your life as it did mine. I must give credit to David’s work with some of the examples provided below. I have also taken some cocky lines for Mystery at ________________ who is also an absolute pioneer and master of the romance and connection arts.

When I truly learnt and incorporated the art of the 4ys into my menagerie of communication. It changed my life and brought me the most fun I’ve ever had with women and the women will love you for it.

What you may find when you first start using humour and cheeky communication. Is you may overdo it at times and do too much of it. I’m here to tell you from my own learning’s of over doing it. You must mix it up with some fun and wit and some genuine questions and discussion as most women get over the attitude thing if its not tempered.

Here are some examples for you to use:

- A women asks you, ‘are you dating other women’, you say, “yes, 5 at the moment”.
- I like your hair, is it real?
- Are you gay, yes, but if I wasn’t, you’d so be mine!
- What you’re a model, what, like a foot model
- Your smart… for an Australian girl
- They say to you, “you’re so arrogant”. You say, “Thanks for noticing”.
- Let’s talk about all the reasons why you dig me so much
- You say, “I have to ask you 2 questions. Firstly who are you and secondly, why aren’t you my girlfriend”?
Hey did you just pinch my ass?
You are busy, thank God I found out now, I was going to make you my girlfriend
SSSHHH, people can see us
While you are looking at her, she asks, “What are you looking at”? You can say, “Oh, I’m just looking at my reflection in your eyes”.
Ask her to promise you one thing, she says, “what’s that”, “to never fall in love with you”.
When you are an average normal looking guy. She walks past you and you say hi, she says hi and keeps walking, you yell out, “do my tall dark hansom good looks intimidate you”?
Do you sleep on your stomach, her any answer, can I? (make sure you own it)
You’ve been talking for a while and connected. Excuse me can you help me, I have to go to the toilet and the doctor says... I’m not aloud to lift heavy things. (own it)
Will you stop stalking me, if you want to talk to me, just stop and say hi
You really should get in the sun more, you look pale (to a really brown girl)
You really should work out more (to a super hot body girl)

You’re cocky and confident and you own it! You’re not afraid of what they may think of you. Women love this strength in men. Yes you will upset some women but if you deliver anything in a fun manner, its funny and they like the boundaries being pushed.

Think of ways to misinterpret things that women say to you.

She asks you to pass her that glass. You say, “What, you want to pinch my ass? Hey I’m not just some sex object that you can just treat like a piece of meat”.

It doesn’t have to make perfect sense. See women don’t make sense but men are always trying to talk to them in a logical way.
Powerful Communication with Body Language

Our body language and presence can account for up to 90% of the messages we are delivering to the world. Here are some tips on who to project all the right messages of power, connection and attraction out to women.

Smile

Wherever you are going and wherever you walk into, yes I say it again; have a nice smile on your face. You don’t have to be a smiling idiot. But have a pleasant look so when you catch the eye of someone you’re interested in, you can give her a nice smile. It shows you’re warm and she is safe with you.

Slow it down

When you’re walking, talking, responding and standing. Try to just slow it down. When you show you’re in no hurry it shows you’re in your own world and not affected by outside stimulation. You’re a man and in control.

I’ve also found if you slow it down, this gives you more time to take it all in and assess the environment. You can then find your Lois Lane and casually make your way over to her.

What will also start happening for you is that women will somehow end up near you and find ways to start talking to you.

It’s hard to explain but I feel they have a sense of your energy and it magnetises them in.

This takes some time so don’t be concerned if it doesn’t happen straight away. I’ve been working on this transformation stuff for almost 4 years and I am only just starting to understand this deeper energy and power. As Deangelo says its not till the 5 yr that it starts to happen. I agree!

Look into her eyes

When you can look into a woman’s eyes confidentially, this sends a very powerful message that you’re in control and not intimated.

Looking at her in the eyes also keeps you focused and alert. The last thing you want to be doing when you’re with a woman is have your eyes darting all over the place to see what else is going on around you.

Don’t become some staring weirdo though. Break your glance from time to time. Then come back and connect with those beautiful eyes.
Pause, whisper, nod, wink and smirk

I have found it very powerful to communicate using these methods to build attraction with women. When she asked you a question take your time to respond. Or when you are telling a story, pause before crucial moments. It creates so much more impact and attraction.

I’ve also found that when you want to really make a connection, slowly whisper some answers to questions or comments quietly into her ear. Try to have your lips touch her ear a little. This is very powerful when done correctly.

As Dan Bacon says in his program modern man don’t say what you can smile, don’t smile what you can nod, don’t nod what you can wink. Thanks to Dans information, I now wink a lot more to a lot of responses and it’s powerful as it says a lot without you saying anything.

Control your laughing

When you’re talking to a women or a woman, be a funny guy but have them laughing while you just maintain composure. It shows you have power and control. This is especially powerful when you don’t laugh at your own jokes.

When you say something to get a response of some type of laugh, don’t give them the look ‘of well are you going to laugh’. Just say it, pause and then keep on going.

Women will very often get what you’re saying but they too don’t always laugh but feel it inside. You can see it on their faces when they’re thinking, this guy is funny and he gets it!

Touching her

When you meet a woman and talking, once you feel you have built some rapport. You can casually touch her on the hand or the arm. When you’re really having fun and laughing just grab her around the shoulders, side on and give her the claw as they say in the RSD training.

You can also play some great games that allow you to touch her allot which we’ll teach you another time.
It’s Revolution Time

So men… what I have covered here is just the tip of the iceberg. My objective is to give you some knowledge and tools so you can go out into the world and start experiencing success in your life with women.

We cover a great deal of more in-depth information training at our seminars, which will notify you of when they’re running.

Until then, here is to your success in life and love.

Trevor Russell
RECOMMENDED BOOKS

A Foolproof, Science-Based Diet that's 100% Guaranteed to Melt Away 8 to 16 Pounds (4 to 8 kilos) of Stubborn Body Fat in Just 14 Days!

THE 2 WEEK DIET

REVERSE DIETING

EAT STOP EAT

Acne No More™
The Secrets To Curing Your Acne Holistically

A Unique Step By Step Holistic Acne System Guaranteed To Eliminate Your Acne From The Inside Out Giving You Lasting Clear Skin

sweat MIRACLE™
Proven Holistic System For Curing Excessive Sweating Permanently

A Unique Easy To Follow 2 Step System To Cure All Types Of Hyperhidrosis Naturally Making Sweating a Thing Of The Past